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Berkeley Humane Recognizes Two Outstanding Volunteers

Pet loss and grief counseling co-facilitators tirelessly support animal lovers in times of need.

--FOR IMMEDIATE RELEASE--

(**Berkeley, CA**) December 14, 2018 — Pet loss and grief can be especially difficult during the holiday season, which spotlights every community's need for a solid support group in times of need.

Berkeley Humane was the first organization in the East Bay to start offering pet loss emotional support. Since 2004, we have provided comfort to thousands of pet parents who were searching for ways to cope with the loss of a beloved family pet.

Berkeley Humane's pet loss support group is co-facilitated by volunteers Jill Goodfriend and Sylvia Wenniger. Jill is a registered nurse and licensed clinical social worker with nearly four decades of clinical experience. Sylvia Wenniger is a licensed therapist and long standing animal lover.

"The holidays can be especially challenging for those experiencing grief from recent loss," shares Jeffrey Zerwekh, Berkeley Humane's Executive Director. "Jill and Sylvia are two incredible volunteers who work tirelessly year after year to support our community in times of need. This year, we recognized Jill and Sylvia's amazing efforts with outstanding volunteer awards."

Many of us know the enormous sadness of losing a beloved pet. The feelings of grief, despair, and loss are sometimes overwhelming. Berkeley Humane is here to help. Sessions begin with a half-hour discussion about a featured stage in the journey of grief, followed by an hour for sharing personal grief experiences. Participants may attend the talk, the support group, or both.

What: Pet loss and grief counseling

Where: 2700 Ninth Street, Berkeley, CA

When: Tuesday of each month, 7:00 PM – 8:30 PM

Cost: There is no fixed fee (donations appreciated)

Info: http://www.berkeleyhumane.org/pet_loss



Left to Right: Jill Goodfriend, Sylvia Wenniger, and Linda Goldstein, President of Berkeley Humane Board of Directors

ABOUT THE BERKELEY-EAST BAY HUMANE SOCIETY

The Berkeley-East Bay Humane Society (Berkeley Humane) has origins dating back to 1895. Today, Berkeley Humane serves the people and animals of our community by providing life-saving programs for cats and dogs, cultivating compassion, and strengthening the human-animal bond. With the support of our community and a dedicated, talented team of volunteer and staff, Berkeley Humane transports animals from municipals shelters who are often in need of medical care, improved nutrition, training, and lots of love. In 2018, Berkeley Humane found homes for over 1,100 dogs and cats and touched the lives of over 1,000 additional pets through our programs and services. Learn more at www.berkeleyhumane.org.

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